

NEWS RELEASE



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For Immediate Release

BE HEART SMART AT HEALTHLINK *Free Seminar Scheduled Thursday*

ROANOKE RAPIDS, NC. (February 17, 2011)—Halifax HealthLink is sponsoring a special seminar about heart disease Thursday, February 24.

Entitled “Do your part—be heart smart,” the seminar is open to the public at no charge. It begins at 6 p.m. at Becker Village Mall.

Phil Ricks, director of emergency services for Halifax County, will explain what you should do if someone around you appears to be suffering a heart attack. He also will demonstrate the role of first responders in emergency situations.

Dr. Syed Ahmed, a hospitalist at Halifax Regional, will discuss how symptoms of a heart attack vary between women and men. He also will provide tips for keeping your heart healthy.

For information about the seminar, contact Jackie Cieslinski at 252 535-4334. Halifax HealthLink is a service of Halifax Regional.

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About Halifax Regional-

Halifax Regional Medical Center is licensed for 204 beds, including psychiatric and nursery. A non-profit organization, Halifax Regional is fully accredited by the Joint Commission. For more information, visit www.halifaxregional.org.